

Info Pack for Two-Day Adventure Rowing 70km

The Partalansaari circuit is a classic among rowing routes, and Adventure Rowing offers a more relaxed option to complete it. Spending the night at Varviranta and the atmosphere along the way is truly exceptional.

Registration

On the morning of the start, your crew's cox or a rower will register at the race office. The race office is located in the front yard of the Sulkava Rowing Pavillion, on the upper platform. Upon registration, you will receive a route map and wristbands that entitle you to dining and the evening program on your rowing day. In addition, each crew will pick up their own boat number plate, which must be attached to the boat according to the instructions.

Upon registration, two complimentary tickets will be given to each Church Boat crew. They are primarily intended for the team coordinator and the cox, but each crew can choose to distribute the tickets as they wish. The tickets entitle you to delicious coffee moments at the cafes in the event areas.

Boats and GPS Devices

Boats will be equipped with numbers and GPS devices before the start. In boats rented from Sulkava Grand Rowing Race, they are already attached. For your own boats, you must attach them yourself. You can get the number and device from the race office during registration. The equipment must be returned to the race office immediately after the rowing, in exchange for certificates and participation medals.

Starts Take Place from the Sulkava Rowing Stadium

The departures for Adventure Rowing take place from the Sulkava Rowing Stadium as follows:

- **Thursday:** Small boats at 11:15 and Church Boats at 11:30.
- **Saturday morning:** Small boats at 9:00 and Church Boats at 9:30.

The return departure from Varviranta on Friday and Sunday must take place between 8:00 and 9:00. Safety services along the route, maintenance of the rest stops, and the catering waiting at the destination are scheduled accordingly.

Route and Maintenance

The overnight Adventure Rowing is rowed around Partalansaari Island (approx. 70 km) counterclockwise according to the route marked on the map. Adventure Rowing is rowed over two days, either Thursday–Friday or Saturday–Sunday. This allows you to enjoy the peace of nature and the beauty of Lake Saimaa in all its glory, and experience an unforgettable stay overnight at Varviranta. The map can be found on

the website under [Route Maps - Sulkava Grand Rowing Race](#). Maps are also distributed at the race info desk (1 per boat).

There are several safety boats along the route to ensure no one gets lost and to help if needed. Please inform the organizer at the race info desk if you interrupt your journey.

The rest stop at Varmavirta, on the Partalansaari side of the shore, is open on Thursday from 13:00 to 16:00 and on Saturday from 11:00 to 14:00. The rest stop for the second day of the tour is the new Tölkäänniemi, open on Friday and Sunday from 9:30 to 13:00. Coffee, tea, and a small savory and sweet snack are available at the rest stops. There is also a first-aid point, a water bottle refilling station, and a toilet.

Traffic Arrangements and Boat Launching Sites

Boat launching sites, parking areas for buses and passenger cars, as well as storage locations for trailers, have been opened in a separate traffic bulletin. A map is also included.

Arrival

All Church Boats can land upon arrival at the finish line at the rowers' lounge area located within the Sulkava Rowing Stadium area. Please note, however, that boats cannot be lifted out of the water from this area; instead, they must be moved to the designated boat lifting site. Boats cannot be left in the area for long-term storage either, with the exception of boats rented from Sulkava Grand Rowing Race.

The shore of the Sulkava Rowing Stadium serves as the lifting site for small boats on Friday and Sunday.

Camping

Boats and campers stay overnight on Partalansaari Island in Kietävälä at the address Kietäväläntie 1699, 58720 Kaartilankoski. A host works at Varviranta to guide you on where you are allowed to camp or if you have any other questions. Every camper must bring their own equipment. There are 3 campfire sites available in the area. Please note that disposable grills are not permitted. The participation fee includes the right to a tent campsite in the area owned by the Sulkava Society at the Adventure Rowing overnight location in Kietävälä's Varviranta. Those staying overnight or landing on private landowners' property must arrange their stay with the landowner's permit.

Quiet hours apply in the Varviranta area every night from 24:00 to 06:00.

Equipment

On Thursday and Saturday, there is an equipment wagon at the Sulkava Rowing Stadium area, located at the equipment point in the rowers' lounge area at Lempeä -

Sauna & Design Hub. Equipment left in the wagon will be transported to Varviranta overnight site immediately after the start. On Friday and Sunday, a car will fetch the equipment from Varviranta. After rowing, equipment can be picked up from the same place at the Lempeä. Please mark your equipment with your name.

Saunas and rowers' lounge area

There are several sauna facilities available for rowers. In the rowers' lounge area at Lempeä Sauna & Design (located next to the Rowing Stadium), a newly opened sauna area has been set up where all rowers can shower, use the sauna and swim immediately after crossing the finish line. There are also two hot tubs in the courtyard for rowers' use. As the sauna is shared, swimwear is compulsory. There are separate changing rooms. There is a swimming area and a jetty on the shore.

Lempeä Sauna & design also houses a bistro and café, as well as the Marimakasiini gift shop for souvenir shopping.

In the centre of Sulkava, there are also separate saunas for men and women, which are freely available. The women's sauna is located at the municipal office building (address: Kauppatie 1) and the men's sauna at the sports hall (Etelätuvantie 4).

Saunacenter Lempeä are open to rowers only:

- Friday: Lempeä Sauna 19:00–24:00 and for others 11:00-19:00
- Saturday: Lempeä Sauna 12:00-18:00 and for others 8:00-12:00 and 18:00-22:00
- Sunday: Lempeä Sauna for everyone 10:00-18:00

Dining

Meals are marked on the wristbands distributed to the rowers, which the crew receives before the start of the rowing when registering at the race office. At Varviranta, rowers' dining is available on Thursday starting at 15:00 and on Saturday starting at 14:00. Breakfast is served at Varviranta on Friday and Sunday from 6:30 to 9:00. At the Sulkava Rowing Stadium, dining is available upon arrival at the finish line on Friday and Sunday from 11:00 to 15:00.

All meals are lactose-free, nut-free, and fish-free. The most common food allergies are also taken into account so that gluten-free and vegan food is available from the warm meals and breakfast upon request. Please let us know if you have any other special diet needs via e-mail: info@suursoudut.fi. Notifications of special dietary needs received by Monday, July 6, will be accommodated.

Additional meal tickets for the rowers' dining and breakfast can also be purchased at the Varviranta canteen point, the Sulkava Rowing Stadium info point, or the online store. More information under [Dining - Sulkava Grand Rowing Race](#).

In addition to the rowers' dining, a canteen serves at Varviranta, where you can buy fresh pastries, refreshments, and alcohol products every day. In the evenings, also sausages and crepes. The canteen serves:

- **Wednesday:** 18:00–21:00
- **Thursday:** 7:00–10:00 and 15:00–24:00
- **Friday:** 6:30–9:00 and 15:00–24:00
- **Saturday:** 7:00–10:00 and 14:00–24:00
- **Sunday:** 6:30–9:00

On Thursday and Saturday, a vendace fryer will also be present from 19:00 to 24:00.

Transport

No transport has been organized from Varviranta to the Sulkava Rowing Stadium or from the stadium to Varviranta. If you need a ride, you can book it in advance from the local company VirtaLines, either by phone from Vesa at 0400-676 122 or by email at virtalines@virtalines.com. Local taxi numbers +358 40 015 0763 and +358 50 067 6883.

Liability and Insurance

The organizers have liability insurance, but everyone participates in the tour at their own risk. Each participant is responsible for their own accident insurance.

The organizers have the right to forbid a crew under the influence of alcohol from participating in the rowing. Everyone takes care of cleanliness, so do not throw litter into the water or on the ground. Waste bins can be found at the camping site in Varviranta and at the start and finish area at the Sulkava Rowing Stadium.

Distress Signals and Other Race Rules

The signal for requesting help is a horizontal oar held up with both hands and moved up and down. Remember a good guideline: only ONE person moves at a time in the boat and stays low. If the boat capsizes, stay attached to the floating boat. Do not try to swim to the shore. In the event of a sudden storm, land and wait for the storm to pass.

[Sulkava Grand Rowing Race Competition Rules - Sulkava Grand Rowing Race](#)

Sports Nutrition and Linola Products

There is a Kotivuorisport sales point at the Sulkava Rowing Stadium, where you can buy high-quality Squeezy sports nutrition and energy products on Friday from 10:00

to 21:00 and on Saturday from 8:00 to 17:00. The sales point is also open at Hakovirta on Friday from 13:00 to 15:00.

A representative from Linola will be presenting products and distributing samples on Friday at the Sulkava Rowing Stadium from 11:00 to 13:30 and 15:30 to 18:00, and at Hakovirta from 13:00 to 15:30. On Saturday, the presentation is from 7:00 to 10:00 at the Sulkava Rowing Stadium.

Returning Numbers/GPS Devices, Certificates, and Prize Giving Ceremony

The return of boat numbers and GPS devices must be done without delay to the race office after the rowing journey, where rowers will receive their certificates and participation medals.

Side Events

Plenty of side events are offered during the event. At the Tour Rowing destination Varviranta, the program is as follows:

- **Thursday:**
 - 20:00–22:00 Karaoke, hosted by Vescu
 - 22:00–24:00 Rowing dances, DUO Mari&Pauli
- **Friday:**
 - 20:00–24:00 Karaoke, hosted by Vescu
- **Saturday:**
 - 18:00–20:00 Trivia quiz
 - 20:00–22:00 Karaoke, hosted by Vescu
 - 22:00–24:00 Rowing party, troubadour Timo Haavisto

The side events at the Sulkava Rowing Stadium are also open to tour rowers, and entry to the evening parties is free on your own rowing day. For Thu-Fri tour rowers, entry to Friday's evening party is included, and for Sat-Sun tour rowers, entry to Saturday's evening party is included.

After-rowing parties entertain on the indoor stage of the Sulkava Rowing Stadium on Friday and Saturday from 19:00 to 01:30. You can join in even wearing your rowing pants. The dancing crowd will be entertained on both nights by the Harri Kautonen and Tommi Seppänen duo as well as DJ Verude. The main stars of the evening parties are Osmos Cosmos, known for their spectacular stage show, on Friday, and the charismatic Antti Ketonen on Saturday. The evening party ticket is included in the price of the rowing ticket on the rowing day. Evening tickets for the other day can be purchased at a lower price (10 € for Fri and 15 € for Sat) at the info point.

On Sunday, the program includes a charity auction by the Auction Emperor Aki Palsanmäki starting at 10:30. The proceeds from the auction will be used for expenses related to launching a rowing museum to be established in Sulkava. Anyone can donate items for this purpose.

This year's rowing program ends with rowing dances at the Sulkava Rowing Stadium from 12:00 to 13:00. More information about the side events: [Sulkava Grand Rowing Race Program 2026 - Sulkava Grand Rowing Race](#).

Sulkava Offers Plenty to See and Experience

It is easy to enjoy several days in Sulkava. In addition to the rowing program, the beautiful scenery, great kayaking and cycling trips, and the services of local entrepreneurs entice visitors to stay. Comprehensive additional information can be found on the Visit Sulkava website at www.visitsulkava.fi/en .

Rowing Shop

Sulkava Grand Rowing Race merchandise is on sale at the Sulkava Rowing Stadium info point and in the online store. Show your colors and buy team clothing for yourself or your whole rowing crew. Gear and sizes are limited, so it is advisable to pre-order from our online store.

Rowing Councilor ("soutuneuvos") vests are also for sale. Deep blue is available as a new color.

[Enjoy your Tour Rowing and welcome to Sulkava!](#)